

Medi Float Program

Cloud 9 Float Spa has created and launched an industry-leading program to help make Floatation Therapy accessible to those who need it most, but have not had access to it before.

The Cloud 9 **Medi-Float Program** will also serve as a platform to gain momentum for Floatation Therapy's inclusion under extended medical insurance plans across Canada.

Do you think floating would help your condition or disability?

If you said yes, please visit your family doctor and ask them for a note recommending that you try floatation therapy for your condition or disability.

Action step: Bring this brochure with you to your family doctor and request note for floatation therapy.

Pricing Options

Stage 1 Pricing - Sessions 1-10

Option 1:

10 Pack — \$325.00 plus tax
(\$32.50 per float)

Option 2:

Pay as you go at a rate of \$36.50 plus tax per float

If you wish to utilize the couples tank there will be an extra charge of:

\$10.00 for single person use
\$20.00 for second person floating in unit

cloud9floatspa.com

778.809.0902

403-1192 Lansdowne Drive
Coquitlam, BC, V3E1J7



Medi-Float Program

Qualifying, Details & Pricing

Program Participation

Step 1: Qualify by aligning with any one of the following:

- 1) **Suffer with a painful condition or disability.**
Think floatation therapy would help?

Action Step: Obtain a note from your doctor recommending that you try floatation therapy.

- 2) Suffer with Fibromyalgia
- 3) Receive Disability Tax Credit (DTC)
- 4) Current member of one of the following pain clinic/groups in BC:
 - a) Change Pain Clinic
 - b) Pain BC Group
 - c) The People in Pain Network (PIPNetwork)
 - d) The Many Faces of Fibromyalgia Group & Chronic Pain

Action Step: bring a printed email from your appropriate pain clinic/group stating that you are a current member.

Step 2: Agree to the 2 following conditions:

- 1) Float once a week for 4 consecutive weeks
- 2) Fill out a short pre and post float survey on floats 1, 2, 3 and 4.

Floatation Tank Overview

Restricted Environmental Stimulation Therapy, or REST, is a very effective intervention for working with stress related disorders, chronic pain, habit disorders, anxiety disorders, and personal enhancement programs. REST offers the benefits associated with relaxation training, hypnosis, meditation and biofeedback, both in the physiological and the cognitive dimension.



Dr. John Cunningham Lilly devised the floatation tank in 1954, at the National Institute of Mental Health. A floatation tank is a sensory deprivation tank with 10-inch deep box of 93.5°F water enriched with 800 pounds of Epsom salt.



The weightlessness, temperature of the water, and sensory deprivation allows the brain to go into the Theta state, the 4-7Hz frequencies the brain experiences before falling asleep. Theta offers access to unconscious material, reverie, free association, sudden insight, and creative inspiration.

Floatation offers a stress-free environment where one can be free of the stressful external stimuli their system may experience, causing it to be in a state of chronic arousal, fatigue, stress, or tension.